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MEN'S FRATERNITY



the  
Quest for  
Authentic Manhood

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THE QUEST FOR AUTHENTIC MANHOOD  
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**AT THE STARTING LINE: FIVE MANHOOD PROMISES**

I. Welcome to The Quest For Authentic Manhood!

II. A Brief Men's Fraternity™ Orientation

	MF1	MF2	MF3
Name:			
Focus:			
Chief Elements:			
Major Challenge:			
Passion:			

III. Basic Presuppositions I Am Bringing to Our Manhood Journey

A. Manhood is in a state of \_\_\_\_\_.

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THE QUEST FOR AUTHENTIC MANHOOD  
SESSION 1

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B. \_\_\_\_\_ men create major \_\_\_\_\_.

C. \_\_\_\_\_ men settle for \_\_\_\_\_.

D. There is no lofty \_\_\_\_\_ of manhood today that is compelling to men.

E. The \_\_\_\_\_, I believe, has helpful insights to all of the above.

**IV. Historical Roots to Our Present Crisis in Masculinity**

A. The Industrial Revolution

B. World War II

C. Feminism

**V. Five Manhood Promises I Can Fulfill If You Finish This Quest For Authentic Manhood**

- A. You will have a clear \_\_\_\_\_ of manhood.
- B. You will develop a new manhood \_\_\_\_\_.
- C. You will make significant personal \_\_\_\_\_ about yourself.
- D. You will make new \_\_\_\_\_ who are pursuing a common goal.
- E. You will have your own personalized \_\_\_\_\_ for achieving authentic manhood.

**Questions for Your Small Group**

Be sure everyone in your group is introduced.

1. Why did you choose to join a manhood study like this one? What expectations do you personally have for Men's Fraternity™ here at the beginning?
2. Robert made 5 promises to you. Which of those most excited you? Why?

**THE FOUR FACES OF MANHOOD**

**I. A Brief Review**

**II. Manhood's Four Faces**

A. Face #1: \_\_\_\_\_

1. This is a face reflecting \_\_\_\_\_.

2. This is a face characterized by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. This face is seen in Scripture:

- \_\_\_\_\_
- \_\_\_\_\_

B. Face #2: \_\_\_\_\_

1. This is a face reflecting \_\_\_\_\_.

2. This is a face characterized by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. This face is seen in Scripture:

- \_\_\_\_\_

C. Face #3: \_\_\_\_\_

1. This is a face reflecting \_\_\_\_\_.

2. This is a face characterized by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. This face is seen in Scripture:

- \_\_\_\_\_

D. Face #4: \_\_\_\_\_

1. This is a face reflecting \_\_\_\_\_.

2. This is a face characterized by:

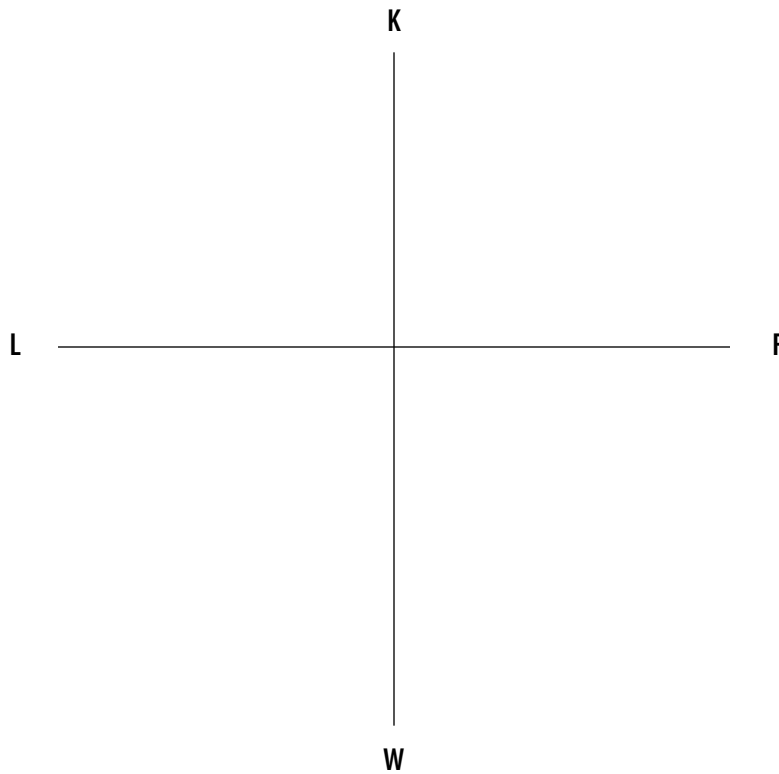
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. This face is seen in Scripture:

- \_\_\_\_\_
- \_\_\_\_\_

### III. Some Important Observations About These Four Faces

A. All too often, these honorable faces of manhood are replaced by \_\_\_\_\_.





B. Because of our morally-compromised culture, many men today lack a \_\_\_\_\_.

Without a \_\_\_\_\_, the \_\_\_\_\_ becomes unrestrained, hurting lives, including his own, in the process.

C. Our increasingly feminized culture has emasculated the \_\_\_\_\_ in many young men.

The result has been the creation of the \_\_\_\_\_, \_\_\_\_\_ as to direction, \_\_\_\_\_ as to leadership.

D. Our world is desperate for the \_\_\_\_\_ balance of real manhood!

### Questions for Your Small Group

1. Which of the four faces of manhood can you most identify with? Why?
2. Which of the four faces do you need the most help with right now? Why?

## THE FIRST STEP TO AUTHENTIC MANHOOD: LOOKING BACK

### I. A Brief Review

### II. Your Manhood Plan Worksheet

### III. Up Close and Personal

- A. EVERYBODY has a story
  
- B. My Story
  
- C. Moments that Shaped My Life
  - 1. Good moments
  
  - 2. Noble moments
  
  - 3. Missed moments
  
  - 4. Hurtful moments
  
  - 5. Defining moments
  
- D. Leaving Home ... How?

**IV. Observations Looking Back**

- A. My story is not \_\_\_\_\_. As a man, I am not \_\_\_\_\_.
- B. When a boy fails to “\_\_\_\_\_” with his Dad, \_\_\_\_\_, of one kind or another, often fill the void.
- C. Many men have yet to reckon with their \_\_\_\_\_ or close out the \_\_\_\_\_ that still lives there.
- D. Until a man \_\_\_\_\_ and deals with the \_\_\_\_\_ and \_\_\_\_\_ that reside there, he can never be an authentic man.
- E. You cannot become a real man without \_\_\_\_\_. There is no such thing as a “\_\_\_\_\_.”
- F. For better or worse, we are all significantly shaped by the kind of \_\_\_\_\_ we experienced.

**Questions for Your Small Group**

1. What personal assets did you leave home with because of your family life?
2. What major themes for your life did you leave home with? How have those themes shaped your life, both positively and negatively?
3. If you could change one thing about your upbringing, what would it be?

## THE SECOND STEP TO AUTHENTIC MANHOOD: "UNPACKING"

### I. A Summary of Why Men Struggle Today

A. Some of it has to do with \_\_\_\_\_.

B. Some of it has to do with \_\_\_\_\_.

C. Some of it has to do with \_\_\_\_\_.

### II. Authentic Manhood Revolves Around Three Critical Issues

A. Addressing the \_\_\_\_\_ of my past.

#### 1. What do we mean by wound?

A wound is ... any \_\_\_\_\_ where lack of closure adversely impacts  
and shapes the \_\_\_\_\_ and \_\_\_\_\_ of a man's life now.

2. Unpacking the past: Five wounds men must deal with

- a. The \_\_\_\_\_ Wound
  
- b. The Overly \_\_\_\_\_ with \_\_\_\_\_ Wound
  
- c. The \_\_\_\_\_ Wound
  
- d. The Lack of a Manhood \_\_\_\_\_ Wound
  
- e. The \_\_\_\_\_ Wound

B. Establishing a clear and compelling manhood \_\_\_\_\_.

C. Creating a high impact, workable \_\_\_\_\_ for my life.

**Questions for Your Small Group**

- 1. Which kind of "suitcase" do you think you carry: A small one? A medium sized one? A large one? Don't know? Explain.
  
- 2. With which of the five wounds Robert unpacked this morning could you feel an immediate identification? Why?

**REMEMBERING DAD**

**I. Introduction**

	1960	1970	1980	1990
% of children living with biological father				
% of children living apart from biological father				

Proverbs 17:6 ... \_\_\_\_\_

**II. The Absent Father Wound**

A. A Definition: An ongoing emotional, social, or spiritual \_\_\_\_\_ ordinarily met in a \_\_\_\_\_ with Dad that must now be overcome by \_\_\_\_\_.

B. Three words (or phrases) in remembering Dad

C. Results of the Absent Father Wound:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**III. So, What Is It That Every Son Wants and Needs From His Father?**

A. \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_

D. \_\_\_\_\_

E. \_\_\_\_\_

**Questions For Your Small Group**

1. What are three words (or phrases) that describe how you remember your Dad?
2. Which, if any, of the four results of the Absent Father Wound could you most identify with? Why?
3. If you could ask your Dad for one thing and get it, what would it be? Explain.

**FACING THE FATHER WOUND**

**I. Let's Summarize Where We Are**

- A. We are in the process of seeking to make sense of \_\_\_\_\_ we are the \_\_\_\_\_ we are.
  - 1. Each of us has a \_\_\_\_\_ to tell.
  - 2. Each of us is, to some degree, a \_\_\_\_\_ of the past.
  - 3. Each of us is, in some ways, \_\_\_\_\_ by the past until we consciously and willfully choose to break that \_\_\_\_\_.
- B. We are exploring the first of five major wounds in life that \_\_\_\_\_ us.
- C. This wound is being inflicted upon sons at \_\_\_\_\_ today.

**II. Eight Proactive Remedies For the Absent Father Wound**

- A. If you're a Dad ... make sure your son(s) has " \_\_\_\_\_."

MAKE SURE HE HEARS ...	MAKE SURE HE HAS ...



- B. If you're a Dad . . . it's never too late to " \_\_\_\_\_ " with your son(s), no matter how old.
- C. If you're a single Dad, or a Dad separated from your son(s) by divorce, or a Dad who has inherited a son(s) through remarriage, \_\_\_\_\_.
- D. If you're a son wounded by Dad . . . choose to touch this wound \_\_\_\_\_.
1. By choosing to \_\_\_\_\_ your Dad.
  2. By choosing to believe in \_\_\_\_\_.
- E. If you're a son wounded by Dad . . . \_\_\_\_\_ with your father.
1. There may be separation between you and your Dad that springs from Dad's \_\_\_\_\_.  
Don't let that stop you!
  2. There may be separation between you and your Dad that springs from \_\_\_\_\_.  
You need to clean it up!
- F. If you're a son wounded by Dad . . . risk asking for your \_\_\_\_\_.
- G. If you're a son wounded by Dad . . . risk asking for your \_\_\_\_\_.
- H. If you're a son wounded by Dad . . . \_\_\_\_\_ the relationship you missed by becoming a \_\_\_\_\_ to your children.

**Questions for Your Small Group**

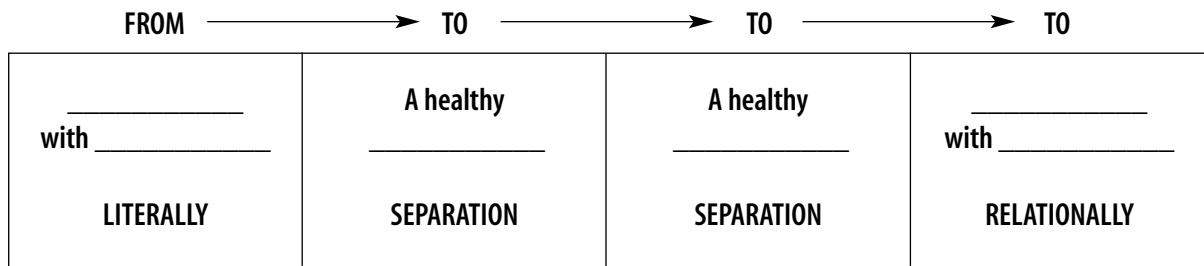
1. Have you released Dad and assumed responsibility for your own life? If you could sit down and "bare your soul" to your father, what would you say to him?
2. Which of the eight father wound remedies could you apply to your life right now? Explain.
3. What do your children need from you right now? Are there things you are doing (or not doing) that may cause your children to be wounded later in life?

## THE OVERLY-BONDED WITH MOTHER WOUND

### I. The “Mom” Factor

### II. Two Significant Breaks With Mom

- A. From \_\_\_\_\_ bondedness.
- B. From \_\_\_\_\_ bondedness.
- C. Real health for a man with Mom moves him ...



### III. Exploring the Mother Wound

#### A. A Definition:

An \_\_\_\_\_ emotional relationship with Mother that causes a son to either be \_\_\_\_\_ by the influence of women later on in life or to \_\_\_\_\_ and become \_\_\_\_\_ to that influence.

#### B. Some Important Characteristics:

1. This wound is not blatant, but \_\_\_\_\_.
2. This wound is not one of abuse, neglect, or absenteeism, but a wound disguised as \_\_\_\_\_.

3. This is not a wound of \_\_\_\_\_ but \_\_\_\_\_.
4. This wound looks like \_\_\_\_\_ but feels like \_\_\_\_\_.
5. This wound is so powerful, it can wrongly \_\_\_\_\_ or \_\_\_\_\_ the masculine psyche.

**IV. How This Wound Occurs**

- A. It often begins with an \_\_\_\_\_ or \_\_\_\_\_ father.
- B. It can also be influenced by one of \_\_\_\_\_ :
  1. \_\_\_\_\_ Moms
  2. \_\_\_\_\_ Moms
  3. \_\_\_\_\_ Moms
  4. \_\_\_\_\_ Moms

**V. How This Wound Manifests Itself In Adulthood: Two Responses**

- A. Men become \_\_\_\_\_ and \_\_\_\_\_ toward women.
- B. Men become \_\_\_\_\_ and \_\_\_\_\_ toward women.

**Questions for Your Small Group**

1. What most impacted you in this session? Explain.
2. Describe your relationship with your Mom growing up. How is (was) it as an adult?
3. Would you say you have effectively made “the break” with Mom? Does your Mom presently exert an unhealthy influence in your life? Your marriage? What would your wife say?
4. Can you see a connection between the way you relate to your mom and how you relate to other women in your life? In how you relate to your wife, if you have one?

**MAKING A HEALTHY BREAK WITH MOM**

**I. A Brief Review**

- A. "Legs" of Manhood
- B. Definition of the Overly-Bonded with Mother Wound
- C. Two Major Consequences of this Wound

1. Sons can become overly \_\_\_\_\_ in regard to women.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

2. Sons can become overly \_\_\_\_\_ in regard to women.

- \_\_\_\_\_  
(in extreme cases, \_\_\_\_\_, etc.)
- \_\_\_\_\_  
(fear of being \_\_\_\_\_)
- \_\_\_\_\_

D. The Difficulty of this Wound

**II. Jesus and His Mom**

- A. Relational Clarity – Luke 2:43-50
- B. Social Clarity – John 2:1-4
- C. Spiritual Clarity – Matthew 12:46-50
- D. A Healthy Ending – John 19:25-27

III. Seven Suggestions for Healing This Wound

- A. Always start with the understanding that breaking Mom's over-involvement is good for you \_\_\_\_\_. Authentic manhood \_\_\_\_\_ without it.
- B. Recognize that your ultimate goal is to become a man whose vision is fixed on what \_\_\_\_\_, not what \_\_\_\_\_.
- C. Stop complaining or struggling with Mom. If you have this wound, get the \_\_\_\_\_, encouragement, and help you need from \_\_\_\_\_ and develop \_\_\_\_\_ for healthy independence from Mom. Invite their feedback to avoid serious \_\_\_\_\_ making a healthy break.
1. This plan should address \_\_\_\_\_ that are troublesome with \_\_\_\_\_.
  2. This plan should establish time-tested \_\_\_\_\_ for how you and Mom will interact in the future.
  3. This plan should include clear \_\_\_\_\_ attached to boundary violations.
- D. Communicate your \_\_\_\_\_ in one of the following ways to your Mom and stand your ground regardless of how she responds.
1. Through a new way of \_\_\_\_\_.
  2. Through a \_\_\_\_\_ (if necessary).
- E. Use the \_\_\_\_\_ to "report back to" for clarity, encouragement, and accountability.
- F. If you are married, tell your wife you recognize the problem with an interfering Mom and that \_\_\_\_\_ will take responsibility to correct it. Ask for her support and prayer, but ask her \_\_\_\_\_ to get involved. It's your problem . . . not hers.
- G. In some cases, your efforts to establish a healthy relationship with Mom will result in a time of \_\_\_\_\_ or even your Mom's \_\_\_\_\_. Do not be derailed by this! In time, \_\_\_\_\_ adjust.

**IV. The Critical Need Today is For Fathers \_\_\_\_\_ Teenage Sons \_\_\_\_\_  
From Dependency on Mom to Manhood**

- A. This call away needs to be \_\_\_\_\_.
  
- B. This call away needs to be \_\_\_\_\_ by the son, the Dad, and the Mom to be effective.
  
- C. This call away needs to employ \_\_\_\_\_.

**V. CONCLUSION**

- A. The “\_\_\_\_\_” of masculinity (weak or strong) on which a man stands are established at home.
  
- B. Start work on your Manhood Plan \_\_\_\_\_!
  - 1. How will you handle the Absent Father Wound?
  
  - 2. How will you address the Overly-Bonded with Mother Wound?

**Questions for Your Small Group**

- 1. How has this session helped you? What new insights did you gain from this session? Explain.
- 2. Do you struggle with the Mother Wound? What steps in this session would you employ to begin to address this wound?
- 3. How could other men be of help to you?
- 4. How could you help your son (teenage or older) begin to make a healthy break with Mom?

**THE ALL ALONE WOUND**

**I. Three Significant Relationships That Bless and Energize a Man's Life**

- A. The \_\_\_\_\_
- B. The \_\_\_\_\_
- C. The \_\_\_\_\_

**II. The "All Alone" Wound Defined**

A social, emotional and spiritual \_\_\_\_\_ caused by the lack of healthy \_\_\_\_\_ that results in ...

- \_\_\_\_\_ and \_\_\_\_\_
- \_\_\_\_\_ and \_\_\_\_\_
- \_\_\_\_\_ masculinity

**III. The Point: Every Man Benefits From the Company of Other \_\_\_\_\_**

- A. The Friendless American Male
- B. The Significant Downside to Isolation

1. \_\_\_\_\_ on life
2. \_\_\_\_\_ living
3. \_\_\_\_\_ of motivation for the noble things of life
4. \_\_\_\_\_ of opportunities for much needed transparency

**C. What the Scripture has to Say**

- Proverbs 27:17
- Proverbs 18:24
- Ecclesiastes 4:9-10
- Proverbs 17:17
- Hebrews 10:24
- 1 Samuel 20:17

D. What You Can Do

1. Learn the \_\_\_\_\_ to friendship

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

2. \_\_\_\_\_ to other men

3. \_\_\_\_\_ men you like to \_\_\_\_\_  
with you to "\_\_\_\_\_."

4. Get \_\_\_\_\_ and share your \_\_\_\_\_.

5. \_\_\_\_\_ together.

**Questions for Your Small Group**

1. What impacted you the most in this session? Explain.
2. What hinders you the most right now from strong male friendships? Explain.
3. What steps could you take right now to develop a real friend? Explain. Include these steps in your Manhood Plan!



## THREE CHEERS FOR MENTORS!

### I. The Awesome, Empowering Impact of an "Older" Man

- A. The Vision of Words
  
  
- B. Locking onto a Life

### II. Exploring this Rich Concept Called "Mentoring"

#### A. From Dad to Whom?

1. Dad can only take you \_\_\_\_\_.
2. Male mentors are \_\_\_\_\_.

#### B. Five Comments About a Mentor

1. He is one who \_\_\_\_\_ rather than \_\_\_\_\_ with you.
2. He is one who is primarily a \_\_\_\_\_, not a \_\_\_\_\_.
3. He is one who seeks to \_\_\_\_\_ the development of your gifts while seeking to \_\_\_\_\_ you from costly mistakes.
4. He is one who \_\_\_\_\_ and \_\_\_\_\_ in you because he \_\_\_\_\_ your value and untapped potential.
5. He is not necessarily a close \_\_\_\_\_, but he is a close \_\_\_\_\_.

#### C. Is Mentoring Different than Discipleship?

D. What a Mentor Brings to the Table

1. \_\_\_\_\_ through experience
2. \_\_\_\_\_
3. A \_\_\_\_\_ in you
4. \_\_\_\_\_ for your achievement
5. In some instances . . . a proven \_\_\_\_\_

III. The Bible Is Filled With Mentors and Mentoring

- A. Some Examples
- B. Some Scriptures to Sample

IV. Ten Marks of a Good Mentor (from Dr. Howard Hendricks' book, *As Iron Sharpens Iron*, Moody Press, 1995)

- A. This man clearly \_\_\_\_\_ what you personally \_\_\_\_\_.
- B. He chooses to \_\_\_\_\_ a \_\_\_\_\_ with you.
- C. He is willing to take a \_\_\_\_\_ on you.
- D. He is \_\_\_\_\_ by other men.
- E. He has a network of \_\_\_\_\_.
- F. He is \_\_\_\_\_ by others.
- G. He both \_\_\_\_\_ and \_\_\_\_\_.
- H. He is \_\_\_\_\_ in his lifestyle.
- I. He is able to \_\_\_\_\_ your real \_\_\_\_\_.
- J. He is concerned with your \_\_\_\_\_.

**V. The Impact of Mentoring**

A. For the Mentor

1. Closes the \_\_\_\_\_ on a man's life cycle.
2. Connects older and younger men in a \_\_\_\_\_ relationship.
3. Allows a man to teach \_\_\_\_\_, from \_\_\_\_\_, which younger men desperately need and want.
4. Gives older men a significant \_\_\_\_\_ in the second half of life.
5. Adds a missing \_\_\_\_\_ to an older man's life.

B. For his Protégé

1. \_\_\_\_\_
2. \_\_\_\_\_
3. A bigger personal \_\_\_\_\_
4. \_\_\_\_\_

**VI. What To Do If You ...**

A. Want to be a Mentor

1. Make a list of your \_\_\_\_\_ and \_\_\_\_\_ you can bless a younger man's life with. This is most important.

2. Determine how much \_\_\_\_\_ you have to give.
3. Pray for and choose a \_\_\_\_\_ you want to be with and reach out to him.
4. If you " \_\_\_\_\_," initiate some regular time together until the protégé has what he \_\_\_\_\_. Then let him go.

**B. Need, but Lack, a Mentor**

1. \_\_\_\_\_ for wisdom and guidance.
2. Go and \_\_\_\_\_ courageously.
3. Don't get \_\_\_\_\_ if you are turned \_\_\_\_\_.
4. Get a \_\_\_\_\_ and ask an older man to " \_\_\_\_\_."

**Questions for Your Small Group**

1. Who have been the mentors in your life? Explain. How did these "mentors" make a difference? Explain.
2. Could you see yourself as a mentor right now? Why or why not?
3. Are there men around you that you would like to be mentored by in some way? What keeps you from asking them to invest in you?
4. Are you beginning to see the power a man has in "investing down" in younger men? Explain.

## THE WOUNDED HEART

### I. Nurture vs. Nature Wounds

### II. Half Truths

- A. We're losing out because of \_\_\_\_\_.
- B. We're losing out because \_\_\_\_\_.
- C. We're losing out because of a \_\_\_\_\_.
- D. We're losing out because of \_\_\_\_\_.

### III. The Hidden Truth Behind All of Life's Troubles

- A. We are all \_\_\_\_\_ with a condition known as the \_\_\_\_\_.
  - 1. Jeremiah 17:9
  - 2. Ecclesiastes 9:3b
- B. This wound defined: We are all \_\_\_\_\_ and \_\_\_\_\_ creatures,  
at \_\_\_\_\_ by nature with our Creator and each other.

C. Understood, depravity means ...

1. I am \_\_\_\_\_ from God and under His \_\_\_\_\_ .
2. I have inherited a \_\_\_\_\_ nature that no human agency can \_\_\_\_\_ .
3. My \_\_\_\_\_ nature, left unaddressed, inevitably \_\_\_\_\_ my life with sin.

#### IV. Two Implications of This Fundamental Flaw

- A. The \_\_\_\_\_ requires a \_\_\_\_\_ only God can give.
- B. \_\_\_\_\_ my \_\_\_\_\_ is the essential  
"first step" to finding a real, authentic relationship with God (and not just more religion!).

#### Questions for Your Small Group

1. Did today's message on fallen human nature ring true with you? Explain.
2. How has this wound manifested itself in your life?
3. What was the most impactful thing you heard today? Explain.

## IMPLICATIONS OF THE HEART WOUND

### I. A Second Look At This Wound

A. An Honest Confession

B. The Heart Wound defined:

We are all \_\_\_\_\_ and \_\_\_\_\_ creatures,  
at \_\_\_\_\_ with our Creator and each other.

Ephesians 2:3 (Living Bible)

Romans 3:10-12

### II. The Pain That Flows From This Wound

A. We are \_\_\_\_\_ from God.

Ephesians 2:12 (Living Bible)

B. We are \_\_\_\_\_ to a life of futility.

Ecclesiastes 1:14

C. We are \_\_\_\_\_ to a corrupt nature.

Job 5:7

D. We are \_\_\_\_\_ to do evil.

Galatians 5:19-21a (Living Bible)

III. Communities Given to This Wound

A. In the Old Testament

Hosea 4:1-4a, 9:9a

B. In the New Testament

Romans 1:28-32

C. In Our Day

IV. The Implications of This Heart Wound Called "Depravity"

A. Generally:

1. Depravity means we are all \_\_\_\_\_ by nature.

2. Depravity means most of my real problems are "\_\_\_\_\_,"  
not "\_\_\_\_\_."

Genesis 3:9-13

3. Depravity cannot be eradicated by \_\_\_\_\_, a better  
\_\_\_\_\_, self \_\_\_\_\_, or  
\_\_\_\_\_. We must be \_\_\_\_\_ from our depravity.

John 3:7

4. Depravity can wear all kinds of sophisticated \_\_\_\_\_ to hide itself:

The \_\_\_\_\_ Mask

The \_\_\_\_\_ Mask

The \_\_\_\_\_ Mask

The \_\_\_\_\_ Mask

Matthew 23:25, 27



5. Depravity means we must not \_\_\_\_\_ ourselves alone.

Proverbs 14:12

6. \_\_\_\_\_ my depravity is the first step to finding a real relationship with God.

Matthew 5:3

7. Progress in authentic manhood will parallel my growing \_\_\_\_\_  
of the depth and extent of my depravity.

1 Timothy 1:15

B. Specifically for Men:

1. Depravity means men have a natural tendency to avoid \_\_\_\_\_ responsibility.

2. Depravity means men have a tendency to \_\_\_\_\_ over women and children.

Genesis 3:16

Ephesians 6:4

3. Depravity means men tend to get lost in their \_\_\_\_\_ and personal  
\_\_\_\_\_ and ignore \_\_\_\_\_ for their lives.

Ecclesiastes 2:4-11

**Questions for Your Small Group**

1. With which of the 7 general implications of depravity could you most identify? Explain.
2. With which of the 3 specific masculine implications of depravity could you most identify? Explain.
3. How have the last two sessions on this heart wound called depravity changed the way you see yourself? On the way you see life? Explain.

## THE GOOD NEWS SOLUTION TO THE HEART WOUND

### I. Two Important Reminders

- A. This is the last session of the first half of Men's Fraternity™. NEW MEN who missed the first half are welcome to join the group when the second half begins, so invite your friends. Dads, you can also bring your teenage sons to the second half. We strongly recommend that they be juniors or seniors in high school to appreciate the information they will be receiving.
  
- B. Work the first section of your Manhood Plan! For Men's Fraternity™ to be a life-changing experience, it is IMPERATIVE that you complete the "Looking Back" section that deals with "unpacking" the wounds in your life. I suggest you take a HALF DAY to do this and then begin implementing your plan as soon as possible. We have observed that men who work their plan make tremendous strides in their manhood and become all around better men!

### II. Two Perspectives

#### A. From the Left ... My Story

- 1. I didn't \_\_\_\_\_, but I knew I was \_\_\_\_\_.
  
- 2. I didn't have \_\_\_\_\_, but what I had I put in \_\_\_\_\_.
  
- 3. I didn't \_\_\_\_\_ at first outwardly, but something profound \_\_\_\_\_ inwardly.

B. From the Right ... Old Saint Nic's Story

<sup>1</sup>Now there was a man of the Pharisees, named Nicodemus, a ruler of the Jews; <sup>2</sup>this man came to Him by night, and said to Him, "Rabbi, we know that You have come from God as a teacher; for no one can do these signs that You do unless God is with him." <sup>3</sup>Jesus answered and said to him, "Truly, truly, I say to you, unless one is born again, he cannot see the kingdom of God." <sup>4</sup>Nicodemus said to Him, "How can a man be born when he is old? He cannot enter a second time into his mother's womb and be born, can he?"  
—John 3:1-4

<sup>5</sup>Jesus answered, "Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter into the kingdom of God. <sup>6</sup>That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. <sup>7</sup>Do not marvel that I said to you, 'You must be born again.' <sup>8</sup>The wind blows where it wishes and you hear the sound of it, but do not know where it comes from and where it is going; so is every one who is born of the Spirit." <sup>9</sup>Nicodemus answered and said to Him, "How can these things be?" <sup>10</sup>Jesus answered and said to him, "Are you the teacher of Israel, that you do not understand these things?" —John 3:5-10

1. "Born of the Spirit" (vs. 5, 8): A \_\_\_\_\_ Rebirth

2. "Must" (vs. 7): An \_\_\_\_\_ Rebirth

3. "You" (vs. 7): A \_\_\_\_\_ Rebirth

**Questions for Your Small Group**

1. Where are you in your spiritual journey? Explain.
2. Do you believe you have been born again? When?
3. If you were to die tonight, are you confident you would go to Heaven? Why or why not?

## "SADDLE UP!" FOR THE SECOND HALF

### I. Welcome Back ...and For You Newcomers ... Welcome!

- A. The first half of Men's Fraternity dealt with looking within.
- B. The second half of Men's Fraternity is all about \_\_\_\_\_ and looking forward.
- C. We will continue to work on our Manhood Plan.

### II. A Review of Our Original Presuppositions and Promises

#### A. Presuppositions

- 1. Manhood is in a state of \_\_\_\_\_ today.
- 2. \_\_\_\_\_ men create major \_\_\_\_\_.
- 3. \_\_\_\_\_ men settle for less.
- 4. There is no lofty \_\_\_\_\_ of manhood that is compelling to men today.
- 5. The \_\_\_\_\_ has insights and answers to all the above.

#### B. Promises

- 1. You will have a clear \_\_\_\_\_ of manhood.
- 2. You will make some significant personal \_\_\_\_\_ about yourself.
- 3. You will make new \_\_\_\_\_.
- 4. You will learn a new manhood \_\_\_\_\_.
- 5. You will have a personalized \_\_\_\_\_ for achieving authentic manhood.

### III. Picking Up Where We Left Off ...

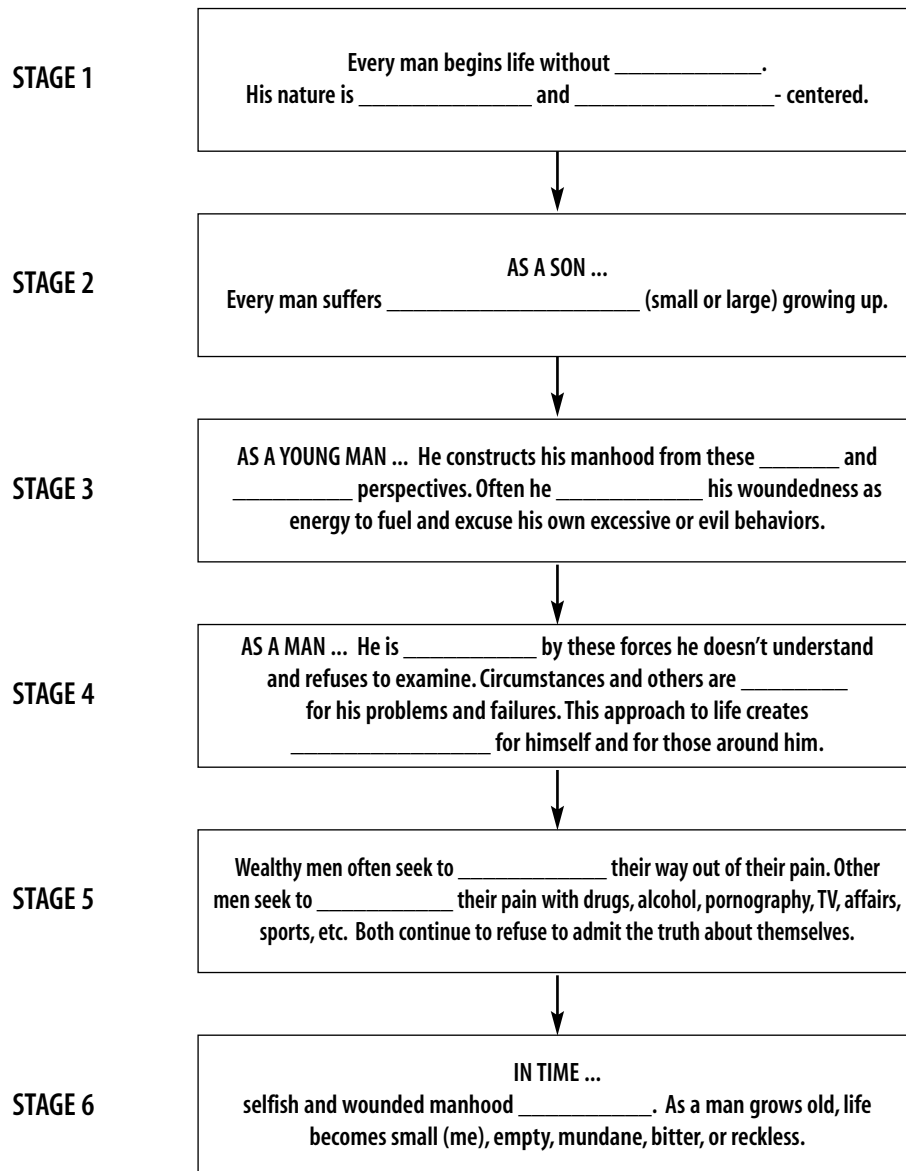
- A. We spent the first semester of Men's Fraternity \_\_\_\_\_ wounded manhood:

THE QUEST FOR AUTHENTIC MANHOOD  
SESSION 14

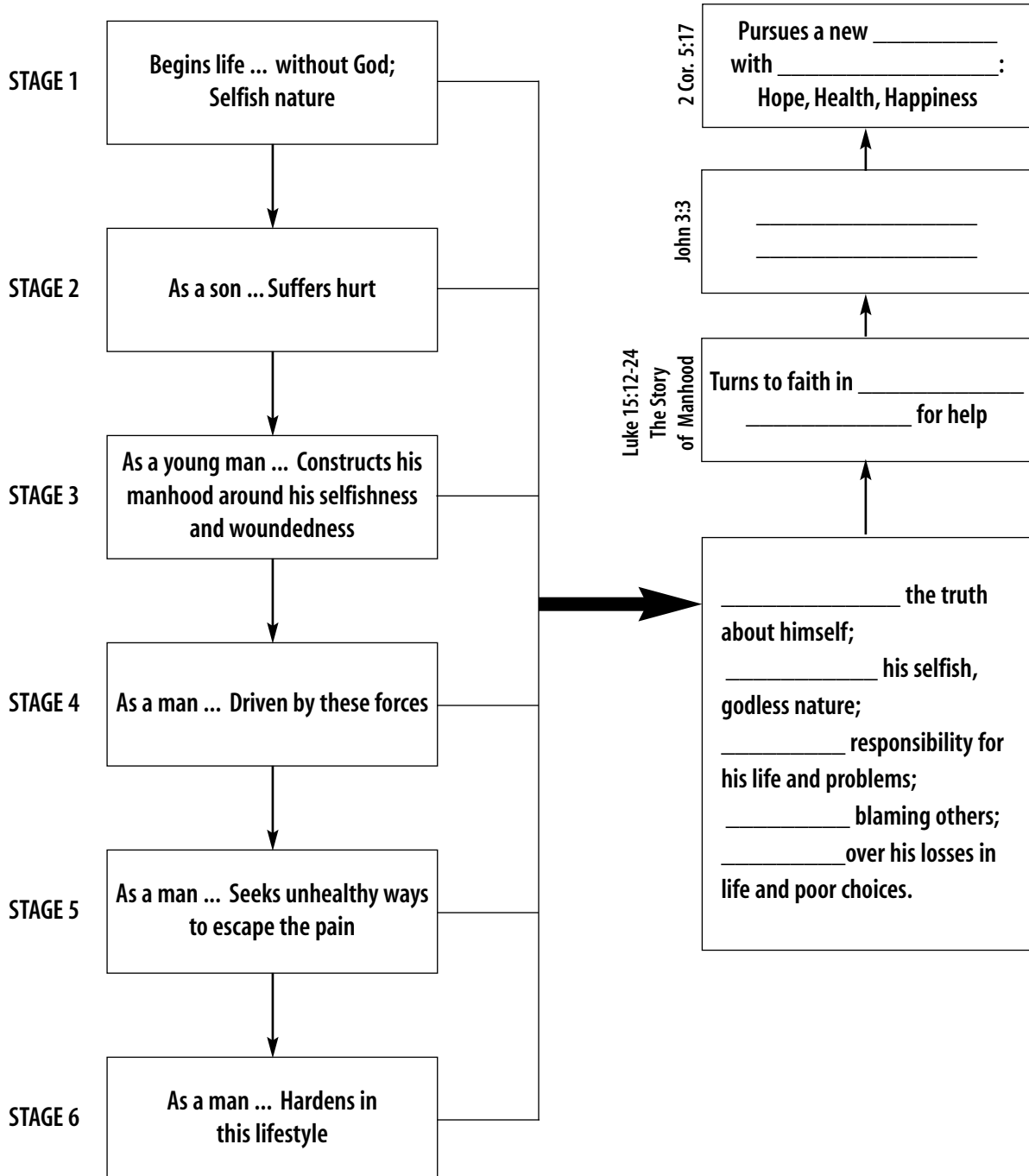
1. The \_\_\_\_\_ Wound
2. The \_\_\_\_\_ Wound
3. The \_\_\_\_\_ Wound
4. The \_\_\_\_\_ Wound

B. There are two ways every man can choose to live with these wounds (A Review):

1. You can \_\_\_\_\_ in your woundedness:



2. You can be \_\_\_\_\_ from your woundedness:



#### IV. Conclusion

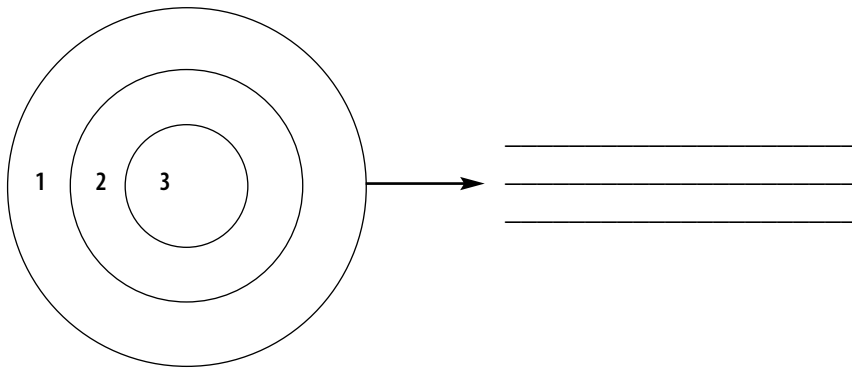
#### Questions for Your Small Group

1. Have you developed "a plan" for dealing with the wounds of your past in appropriate ways so you can move on from them? Is this strategy written out in your Manhood Plan?
2. What did you hear today that impacted you the most? Why? Explain.
3. What is the "one thing" you are struggling with the most as a man and want answers to in this second half of Men's Fraternity™?

**GENESIS AND MANHOOD, PART 1**

**I. The Genesis "Myth"**

- A. Myth is not synonymous with \_\_\_\_\_.
- B. A real myth explains and measures our \_\_\_\_\_.
- C. The "myth" of Genesis explains and measures \_\_\_\_\_, both in its original \_\_\_\_\_ and in its ongoing \_\_\_\_\_.
- D. Genesis describes our ancestral \_\_\_\_\_.



**II. What Genesis 1 Says About Manhood**

- A. It speaks of male and female \_\_\_\_\_. (Gen. 1:26, 27)
  - 1. Image
  - 2. Equally endowed / equally valuable
  - 3. Unique and special
- B. It speaks of male and female \_\_\_\_\_. (Gen. 1:28)
  - 1. "Be fruitful / multiply / fill the earth"
  - 2. "Subdue the earth"
  - 3. "Rule over the earth"



C. It “hints” at a very important social \_\_\_\_\_. (Gen. 1:26-27; 5:2)

### III. What Genesis 2 Says About Manhood

A. Notice ... Adam was created \_\_\_\_\_. (Gen. 2:7)

B. Notice ... Adam is given an \_\_\_\_\_ and \_\_\_\_\_ before  
Eve’s creation. (Gen. 2:15)

C. Notice ... Adam is instructed by God with the responsibility of \_\_\_\_\_ with His  
\_\_\_\_\_. (Gen. 2:16-17)

D. Notice ... Adam \_\_\_\_\_ the animals, a signal of his leadership over \_\_\_\_\_. (Gen. 2:19)

E. Notice ... Adam is given a “\_\_\_\_\_,” a title that offers further evidence of God’s  
original core social identity for the man and the woman. (Gen. 2:18)

### Questions for Your Small Group

1. What was the most significant truth you heard today?
2. How did this session expand your understanding of Genesis? Of manhood? Be specific.
3. How could this information from Genesis be used to begin formulating a definition of manhood? Explain.

## GENESIS AND MANHOOD, PART 2

### I. A Brief Review

Male \_\_\_\_\_ is a personal moral \_\_\_\_\_, \_\_\_\_\_ a teaching of the Bible.

### II. What Genesis 2 Says About Manhood (Continued from last week)

A. Notice ... Adam \_\_\_\_\_ his helper. (Gen. 2:23)

B. Notice ... It is the man who is told to leave and \_\_\_\_\_ a new household. (Gen. 2:24)

### III. What Genesis 3 Says About Manhood

A. Notice ... The temptation seeks to \_\_\_\_\_ and \_\_\_\_\_ God's original social and spiritual order. (Gen. 3:1-6)

B. Notice ... God holds \_\_\_\_\_, not the \_\_\_\_\_, accountable for this first sin. (Gen. 3:8-9)

C. Notice ... Adam's sin has an unacceptable \_\_\_\_\_ attached to it. (Gen. 3:11-12)

D. Notice ... Adam's curse is based on the \_\_\_\_\_ of God's original created order. (Gen. 3:17)  
(Eve's curse is also based on her usurping God's created order.)

E. Notice ... Adam's sin unleashes the destructive curse of male \_\_\_\_\_ . (Gen. 3:16b)

F. Notice ... Adam dies. (Gen. 2:16-17) This judgment of \_\_\_\_\_ also extends to all those who come after him. (Rom. 5:19) He, not Eve, is \_\_\_\_\_ with the fall of the human race. Our natures are due to Adam's sin.

G. Notice ... Adam \_\_\_\_\_ his wife as a continued sign of his \_\_\_\_\_ even after the fall. (Gen. 3:20)

### Questions for Your Small Group

1. How does the Genesis story make you feel as a man? Explain.
2. What sense of increased responsibility do you feel from the truths of Genesis? Explain.
3. When have you seen the sin of Adam's passivity in your own life? Explain.

**A BIBLICAL DEFINITION OF MANHOOD, PART 1**

**I. Final Thoughts From Genesis**

**A. Some Key Reminders**

1. Men were created by God to be \_\_\_\_\_ and \_\_\_\_\_.

- When men abandon this pursuit or when this pursuit is taken away from them ... \_\_\_\_\_.

- We see that in Scripture ... Isaiah 3:1-12

- We see that today ...

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. The male leadership of Genesis is not natural, but \_\_\_\_\_ with specific

\_\_\_\_\_.

- Will to \_\_\_\_\_

- Work to \_\_\_\_\_

- Woman to \_\_\_\_\_ and \_\_\_\_\_

**B. Some Key Objections**

1. Male leadership is \_\_\_\_\_, not creational.

2. Male leadership is a result \_\_\_\_\_, not a result of God's design. (Gal. 3:28)

## II. Two Men/Two Masculine Identities

### A. Adam and Jesus Christ (1 Corinthians 15:45-49)

Adam and Christ stand against each other as two great figures at the entrance of two worlds, two creations, the old and the new ... And in their actions and fates, lie the decisions for all who belong to them, because all men are comprehended in them. —Theologian Hermann Ridderbos

### B. These men are leaders of two distinct \_\_\_\_\_ destinies for all humanity. (Romans 5:17-19)

### C. These men are also leaders of two distinct masculine \_\_\_\_\_.

#### 1. The first Adam represents a manhood ...

- Set on a natural \_\_\_\_\_
- Based on personal \_\_\_\_\_, human \_\_\_\_\_, and \_\_\_\_\_  
... not \_\_\_\_\_!
- That draws life from \_\_\_\_\_
- Without \_\_\_\_\_ meaning
- A living \_\_\_\_\_ " ... \_\_\_\_\_ "

#### 2. The second Adam represents a manhood ...

- Set on a heavenly \_\_\_\_\_
- Yielded to \_\_\_\_\_ ... not personal instinct, human reason, or reaction
- That \_\_\_\_\_ others
- Full of \_\_\_\_\_ meaning
- "A life-giving \_\_\_\_\_"

D. How these two masculine identities play out practically

Adam's Manhood Becomes ... _____	Jesus's Manhood Becomes ... _____
which focuses on:	which focuses on:
1. What a man _____	1. What a man _____
2. _____ with other men	2. _____ with other men
3. _____ power	3. _____ purpose
4. _____ rewards	4. _____ rewards
5. _____	5. _____
6. _____	6. _____

**III. Four Defining Differences Between Adam and Christ**

A. The first Adam fell into \_\_\_\_\_; the second Adam (Christ) \_\_\_\_\_.

- 1. Genesis 3:6
- 2. Philippians 2:6-8

B. Real men ... \_\_\_\_\_.

**Questions for Your Small Group**

- 1. What was the most important thing you heard today? Explain.
- 2. How does this discussion on the first and second Adam help you in seeing your masculinity more clearly? Explain.

## A BIBLICAL DEFINITION OF MANHOOD, PART 2

### I. A Brief Review

- A. Manhood Plan Samples
- B. Leadership Questionnaire

### II. The Four Differences Between Adam and Christ

A. The first Adam fell into \_\_\_\_\_; the second Adam \_\_\_\_\_.

B. The first Adam disregarded his responsibilities; the second Adam \_\_\_\_\_.

1. He accepted responsibility:

- For a \_\_\_\_\_ to obey
- For a \_\_\_\_\_ to do
- For a \_\_\_\_\_ to love

2. What causes a man to accept social and spiritual responsibility?

- When it is clear from a young age that the primary responsibility for the social / spiritual well being of others (namely wife, children) rests \_\_\_\_\_.
- When he has been trained from an early age by the men in his life to \_\_\_\_\_ and \_\_\_\_\_ these responsibilities.
- When he is \_\_\_\_\_, especially by other men, for accepting these \_\_\_\_\_.
- When he has been spiritually transformed in the heart by Jesus Christ to \_\_\_\_\_ these responsibilities in order to \_\_\_\_\_ God.

C. The first Adam abandoned his post of leadership; the second Adam chose to \_\_\_\_\_.

1. Men were created to \_\_\_\_\_, but it takes \_\_\_\_\_.

2. Jesus led where Adam didn't:

- He set \_\_\_\_\_
- He provided \_\_\_\_\_
- He made \_\_\_\_\_

3. To be a courageous leader, every man must master one significant obstacle: \_\_\_\_\_

D. The first Adam sought a greater reward; the second Adam \_\_\_\_\_.

1. Examples of second Adam living:

- Hebrews 12:1, 2 (Jesus)
- Psalm 27:13 (David)
- Hebrews 11:24-26 (Moses)
- 2 Timothy 4:7-8 (Paul)

2. Exhortations to second Adam living:

- 1 Timothy 4:8
- Hebrews 11:6

### III. So, What is a Real Man Cut From a Biblical Mold?

A real man is one who ...

- Rejects \_\_\_\_\_
- Accepts \_\_\_\_\_
- Leads \_\_\_\_\_
- Expects the greater \_\_\_\_\_, \_\_\_\_\_

#### Questions for Your Small Group

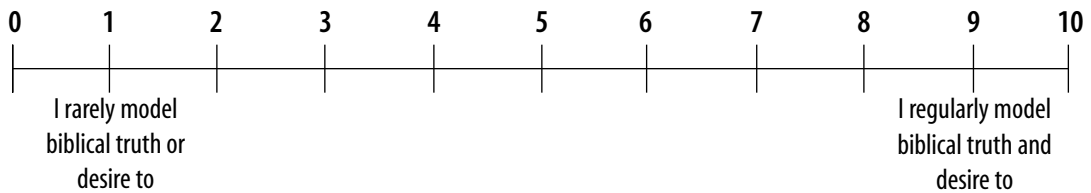
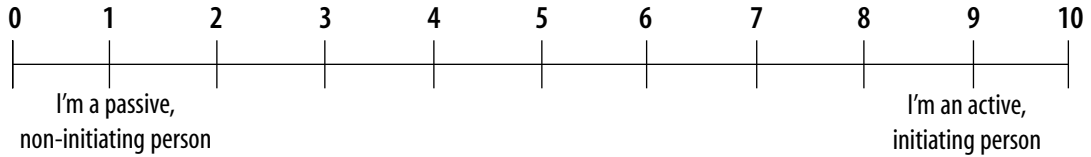
1. Go over the Leadership Questionnaire handout together.
2. React to the definition of manhood Robert gave today. Is it one you can adopt for your life? Why or why not?



## A LEADERSHIP QUESTIONNAIRE FOR YOU IN LIGHT OF ADAM AND CHRIST

### Your Leadership in General

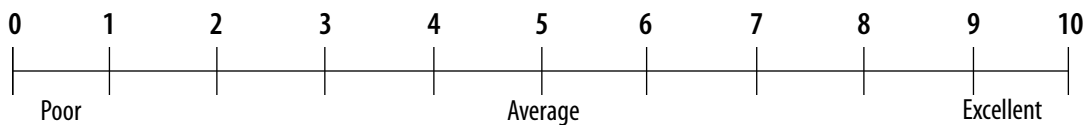
1. How would you rate yourself regarding leadership using the following scales?



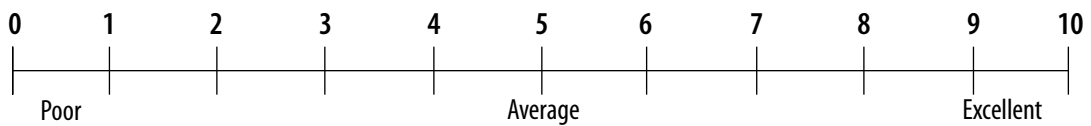
### Your Leadership at Home and With Others

2. How would you rate taking responsibility for your life (and family if applicable) in the following areas?

a. Handling Money

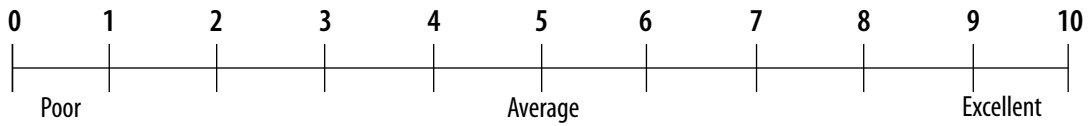


b. Providing for Yourself, Your Wife, and Children Materially?

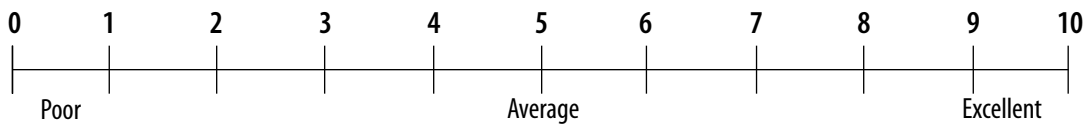


**Your Leadership at Home and With Others, Continued**

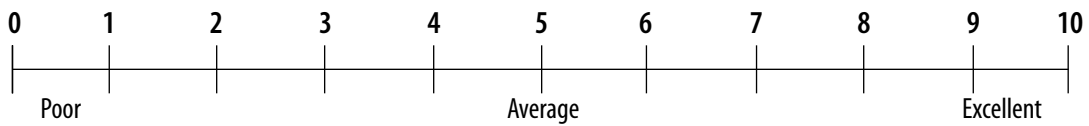
c. Providing for Yourself, Your Wife, and Children Emotionally (spending time, speaking words of encouragement, affirmation, hugs, kisses, romance, etc.)



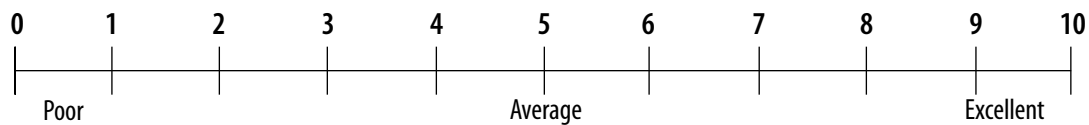
d. Giving Spiritual Direction and Vision to the Home



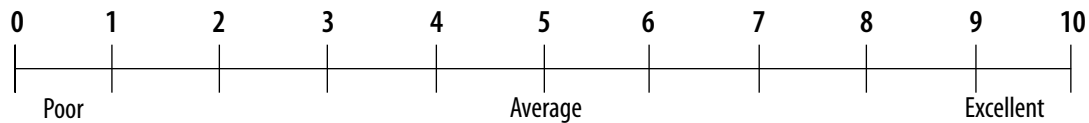
e. Modeling Biblical Values (faith, purity, Bible study, prayer, self-control, moral conviction, etc.)



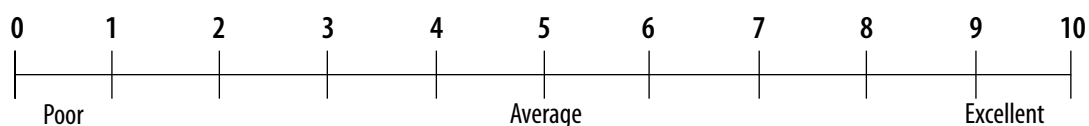
f. Honoring and Esteeming Your Wife, Ensuring She Has Equal Value in Your Marriage



g. In Setting Practical Biblical Standards (what you watch on tv, debt, giving, serving your church and community, use of alcohol, church attendance, stance against pornography, various social issues, etc.)



h. Protecting Your Wife and Children Against the Future (through insurance, a savings plan, an up-to-date will, legal guardians, etc.)



### A MAN AND HIS WIFE, PART 1

#### I. A Key Verse for Husbands ... or Future Husbands: 1 Peter 3:7

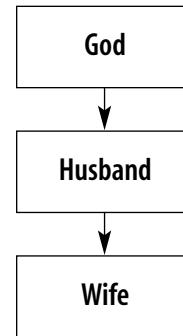
- A. "...in an understanding way" = \_\_\_\_\_
- B. "...and grant her honor" = \_\_\_\_\_
- C. "...fellow heir in life" = \_\_\_\_\_

#### II. Three Models of Marriage

##### A. The Top-Down \_\_\_\_\_ Marriage

Luke 22:25-26

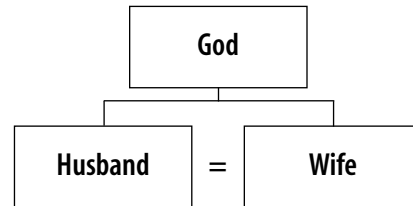
- Husband's Position: \_\_\_\_\_
- Leadership Style: \_\_\_\_\_
- Goal in Mind: \_\_\_\_\_
- Effects on Marriage: \_\_\_\_\_



##### B. The 50-50 \_\_\_\_\_ Marriage

Galatians 3:28

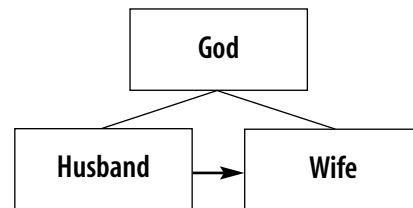
- Husband's Position: \_\_\_\_\_
- Leadership Style: \_\_\_\_\_
- Goal in Mind: \_\_\_\_\_
- Effects on Marriage: \_\_\_\_\_



##### C. The Side-by-Side \_\_\_\_\_ Marriage

Ephesians 5:23, 25, 31

- Husband's Position: \_\_\_\_\_
- Leadership Style: \_\_\_\_\_
- Goal in Mind: \_\_\_\_\_
- Effects on Marriage: \_\_\_\_\_



III. A Closer Look at Biblical Marriage

A. The Bible Speaks to Core Issues:

Definition of "CORE" = A \_\_\_\_\_ but \_\_\_\_\_ of every marriage that must not be compromised, neglected, or ignored, if a marriage is to \_\_\_\_\_ overall.

B. Three Core Issues in Every Marriage:

1. Core
2. Core
3. Core

C. A Brief Look at Core Roles

1. The husband as \_\_\_\_\_ (Luke 22:25-27)

Head = \_\_\_\_\_

2. The wife as \_\_\_\_\_ (Titus 2:4-5)

Helper = \_\_\_\_\_

Questions for Your Small Group

1. Which of the three models of marriage are you currently pursuing with your wife? What would your wife say? Explain.
2. What new insight did you gain in this session today? Explain.
3. How could you make your wife (or girlfriend) feel more valued and honored this week? Settle on one and go for it!

**A MAN AND HIS WIFE, PART 2**

**I. A Brief Review**

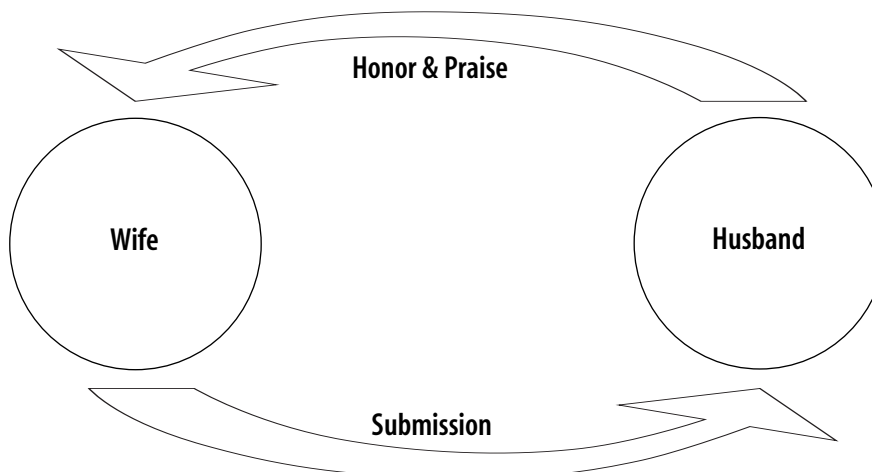
- A. Our Key Verse: 1 Peter 3:7
- B. Our Three Models of Marriage
  1. Top-Down
  2. 50-50
  3. Side-by-Side

**II. Core Issues in the biblical Model of Marriage**

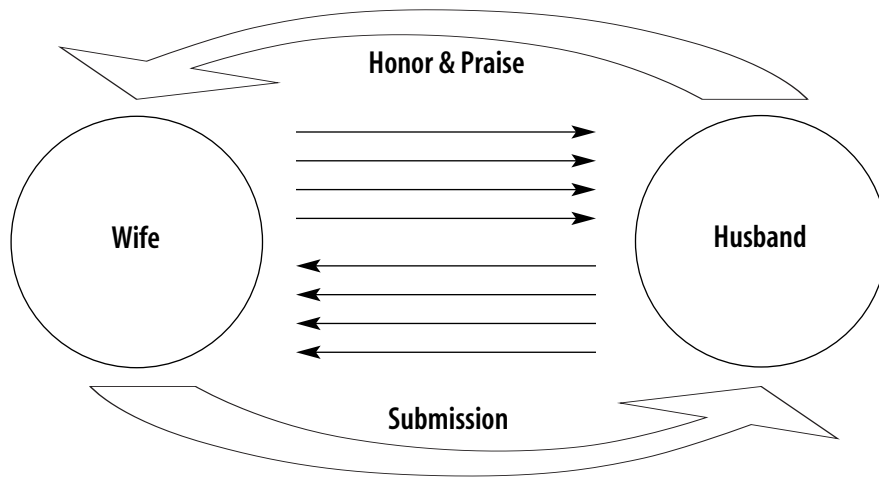
- A. Core Roles ...That \_\_\_\_\_ a husband and wife in marriage



- B. Core Responses ...That \_\_\_\_\_ your mate's role



C. Core Concerns ...That meet your mate's deepest \_\_\_\_\_



### III. A Wife's Core Concerns Explained (How a Husband Speaks "Woman")

### IV. Why We Need To Teach and Proclaim the Side-By-Side Biblical Model of Marriage

- A. It \_\_\_\_\_ a man and a woman for what they naturally do best.
  
- B. It \_\_\_\_\_ a man and a woman to complement each other rather than compete with each other.
  
- C. It \_\_\_\_\_ an environment that is \_\_\_\_\_ for the healthy development of children.

D. It becomes the \_\_\_\_\_ we can train our children from an early age to embrace.

E. It \_\_\_\_\_ God's Word and is \_\_\_\_\_ by Him.

F. It \_\_\_\_\_ and \_\_\_\_\_ society as a whole.

### Questions for Your Small Group

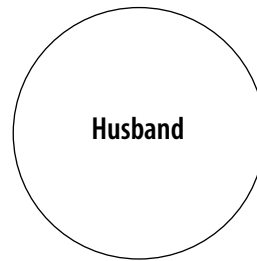
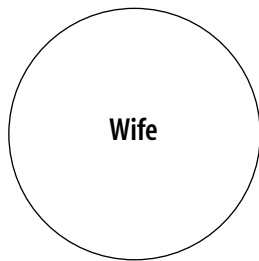
1. What was the most important thing you heard Robert say today? Explain.
2. How would you rate yourself in meeting your wife's core needs (with "1" being "poor" and "10" being "great")?
  - Companionship ... Score \_\_\_\_\_ Explain.
  - Security ... Score \_\_\_\_\_ Explain.
  - Significance ... Score \_\_\_\_\_ Explain.
  - Emotional Responsiveness ... Score \_\_\_\_\_ Explain.
3. What ONE thing could you do to make ONE IMPROVEMENT this week? Share.

**25 WAYS TO BE A SERVANT-LEADER**

**I. Your Manhood Plan ( ... the countdown is on!)**

**II. Marriage at the Core ( ... a brief review)**

A. Two \_\_\_\_\_ with different \_\_\_\_\_.



• A \_\_\_\_\_ role of \_\_\_\_\_  
and \_\_\_\_\_

• A \_\_\_\_\_ role of \_\_\_\_\_  
and \_\_\_\_\_

B. Rocking the Roles (NavPress)

C. Head = \_\_\_\_\_

**III. 25 Ways to Be a Servant-Leader**

1. A servant-leader includes his wife in \_\_\_\_\_ the future.
2. A servant-leader accepts \_\_\_\_\_ for his family.
3. A servant-leader is willing to say \_\_\_\_\_ and \_\_\_\_\_ to his family.
4. A servant-leader discusses \_\_\_\_\_ responsibilities with his wife and makes sure they are \_\_\_\_\_ distributed.



5. A servant-leader seeks the consultation of his wife on all \_\_\_\_\_ decisions.
6. A servant-leader \_\_\_\_\_ with commitments he has made to his wife.
7. A servant-leader anticipates the different \_\_\_\_\_ his marriage will pass through.
8. A servant-leader anticipates the \_\_\_\_\_ his children will pass through.
9. A servant-leader \_\_\_\_\_ tells his wife what he \_\_\_\_\_.
10. A servant-leader provides \_\_\_\_\_ for his family's basic \_\_\_\_\_.
11. A servant-leader deals with \_\_\_\_\_ so he can \_\_\_\_\_ with his wife and family.
12. A servant-leader \_\_\_\_\_ with his wife on a regular basis.
13. A servant-leader \_\_\_\_\_ meaningful family \_\_\_\_\_.
14. A servant-leader \_\_\_\_\_ for the family on a regular basis.
15. A servant-leader takes the time to give his children \_\_\_\_\_ about life, which in turn gives them confidence with their peers.
16. A servant-leader \_\_\_\_\_ the \_\_\_\_\_ of the home and anticipates any pressure points.
17. A servant-leader keeps his family \_\_\_\_\_ sound and out of harmful \_\_\_\_\_.

18. A servant-leader makes sure he and his wife have drawn up a \_\_\_\_\_ and arranged a well-conceived plan for their \_\_\_\_\_ in case of \_\_\_\_\_.
19. A servant-leader lets his wife and children into the \_\_\_\_\_ of his life.
20. A servant-leader \_\_\_\_\_ his wife often in public.
21. A servant-leader explains \_\_\_\_\_ to each child in a way that gives them a wholesome perspective.
22. A servant-leader encourages his wife to \_\_\_\_\_ as an individual.
23. A servant-leader takes the lead in establishing with his wife sound, biblically-supportable family \_\_\_\_\_.
24. A servant-leader \_\_\_\_\_ a small group of men who are dedicated to \_\_\_\_\_ their skills as a man, husband, and father.
25. A servant-leader provides \_\_\_\_\_ for his wife to pursue her own personal \_\_\_\_\_.

### Questions for Your Small Group

1. Look back over the list of "25 Ways to be a Servant-Leader." Which one or two ways stood out to you today as "Must Do's" to improve your servant-leadership? Explain.
2. What on this list of 25 do you feel most intimidated by? Why?
3. Which of these 25 would your wife say she needs most from you? Why?

## FATHERS AND SONS

### I. The Power of Dad

#### A. Three Types of Parenting

1. \_\_\_\_\_ Parenting
2. \_\_\_\_\_ Parenting
3. \_\_\_\_\_ Parenting

#### B. Dad is Destiny

### II. The Three Ingredients of Strategic Fatherhood

A. The \_\_\_\_\_ = \_\_\_\_\_

B. The \_\_\_\_\_ = \_\_\_\_\_

C. The \_\_\_\_\_ = \_\_\_\_\_

### III. The Power of Ceremony: 5 Characteristics

A. Memorable ceremonies are \_\_\_\_\_.

B. Memorable ceremonies ascribe \_\_\_\_\_.

C. Memorable ceremonies employ \_\_\_\_\_.

D. Memorable ceremonies involve \_\_\_\_\_.

E. Memorable ceremonies empower \_\_\_\_\_.

#### IV. Ceremonies I Have Used

A. My Story

B. The "Knighthood Model"

C. The Four Ceremonies

1. The "Page" Ceremony of Puberty

- Dobson Tapes
- Manhood Definition
- A Symbol of Remembrance
- Ceremonial Prayer

2. The "Squire" Ceremony of Leaving Home

- A Gathering of Dads
- An Explanation of Our Crest
- The Ceremonial Circle of Prayer with Families

3. The "Knight" Ceremony of College Graduation

- A Gathering of Men
- Wise Words
- The Ring and Commissioning into Manhood
- The Welcome to the Roundtable

4. The "Oath" Ceremony of Marriage

- The Rehearsal
- The Challenge from Dads to a Lifetime of Courage
- The Presentation of the Crest

**V. Every Son Needs to Be Initiated Into Manhood**

A. Be \_\_\_\_\_ !

B. Your son will \_\_\_\_\_ !

**Questions for Your Small Group**

1. What was the most exciting thing you heard Robert say today? Explain.
2. How have you helped your son measure his progress to manhood? Explain.
3. What could you do over this next year to initiate your son into manhood? Include this in your manhood plan!

**Remember ... Only 2 weeks until your Manhood Plan is due!**

## FATHERS AND DAUGHTERS

### NEXT WEEK ...

Your manhood plan is to be presented in your small group and turned in to your Men's Fraternity™ leader!

#### I. Three Challenges for Daughters and the Introduction of the "New Womanhood"

- A. The challenge of a new supreme pursuit: \_\_\_\_\_
- B. The challenge of the decline of \_\_\_\_\_
- C. The challenge of the rise of the \_\_\_\_\_

#### II. What Dad Contributes to His Daughters

- A. If he's there ...
  - 1. They are very secure in their \_\_\_\_\_ as women.
  - 2. They easily \_\_\_\_\_ to the opposite sex.
  - 3. They often have a highly fulfilling \_\_\_\_\_ with their husbands.
- B. If he's not there ...
  - 1. They develop personalities that are \_\_\_\_\_, \_\_\_\_\_, and have difficulty in forming \_\_\_\_\_ relationships with men.
  - 2. OR ... they become inappropriately \_\_\_\_\_.

#### III. Practically, What Can Dad Do for His Daughters?

- A. Establish, with his wife, a clear definition of what it means to be a \_\_\_\_\_.

A _____ IS ONE WHO ...	
• Rejects _____	• Nurtures the _____
• Believes in _____	• Expects _____

- B. Help Mom \_\_\_\_\_ with the children, especially in their critical, formative years.
  - C. Support, honor and cheer for true \_\_\_\_\_ in his wife and daughters.
  - D. \_\_\_\_\_ his daughters and stay involved in their lives on a personal level.
  - E. Encourage and participate in \_\_\_\_\_ celebrating true femininity.
- 
- 1. At Puberty:
  
  
  - 2. Upon Leaving Home:
  
  
  - 3. Graduation from College:
  
  
  - 4. Marriage:

### Questions for Your Small Group

- 1. Whether you have daughters or not, what is the most important thing you heard Robert say about young women today? Explain.
- 2. React to Robert's definition of "A Real Woman." How would you define a real woman?
- 3. What is one action step you could take right now as a Dad with your daughter? Explain. What longer-range steps could you include in your Manhood Plan?

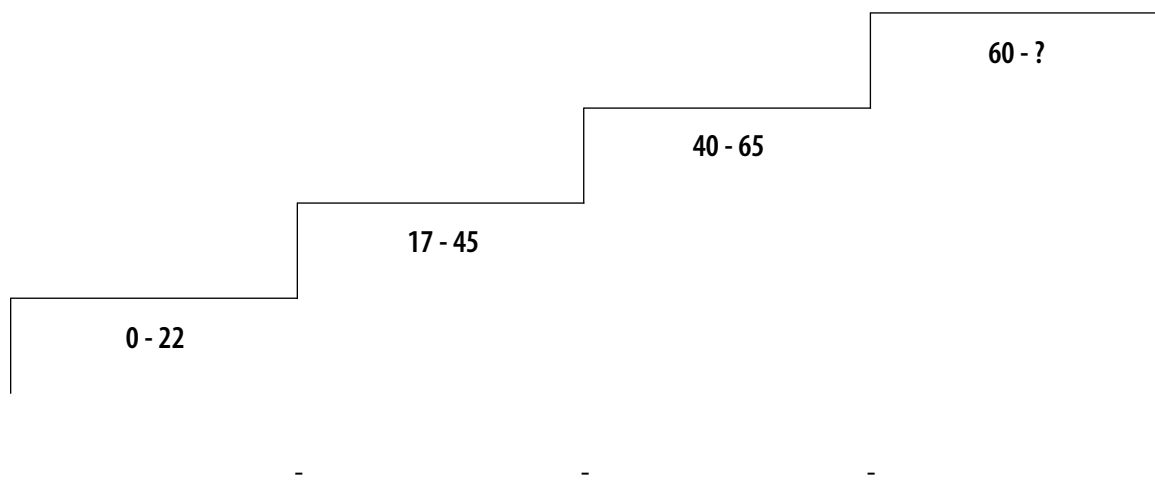
## A MAN AND HIS LIFE JOURNEY

### I. Seeing the Big Picture

### II. The Life Cycle Map

A. Daniel Levinson: Seasons of a Man's Life, Ballantine Books, 1978

B. An Overview:



C. The Four Seasons and Transitions

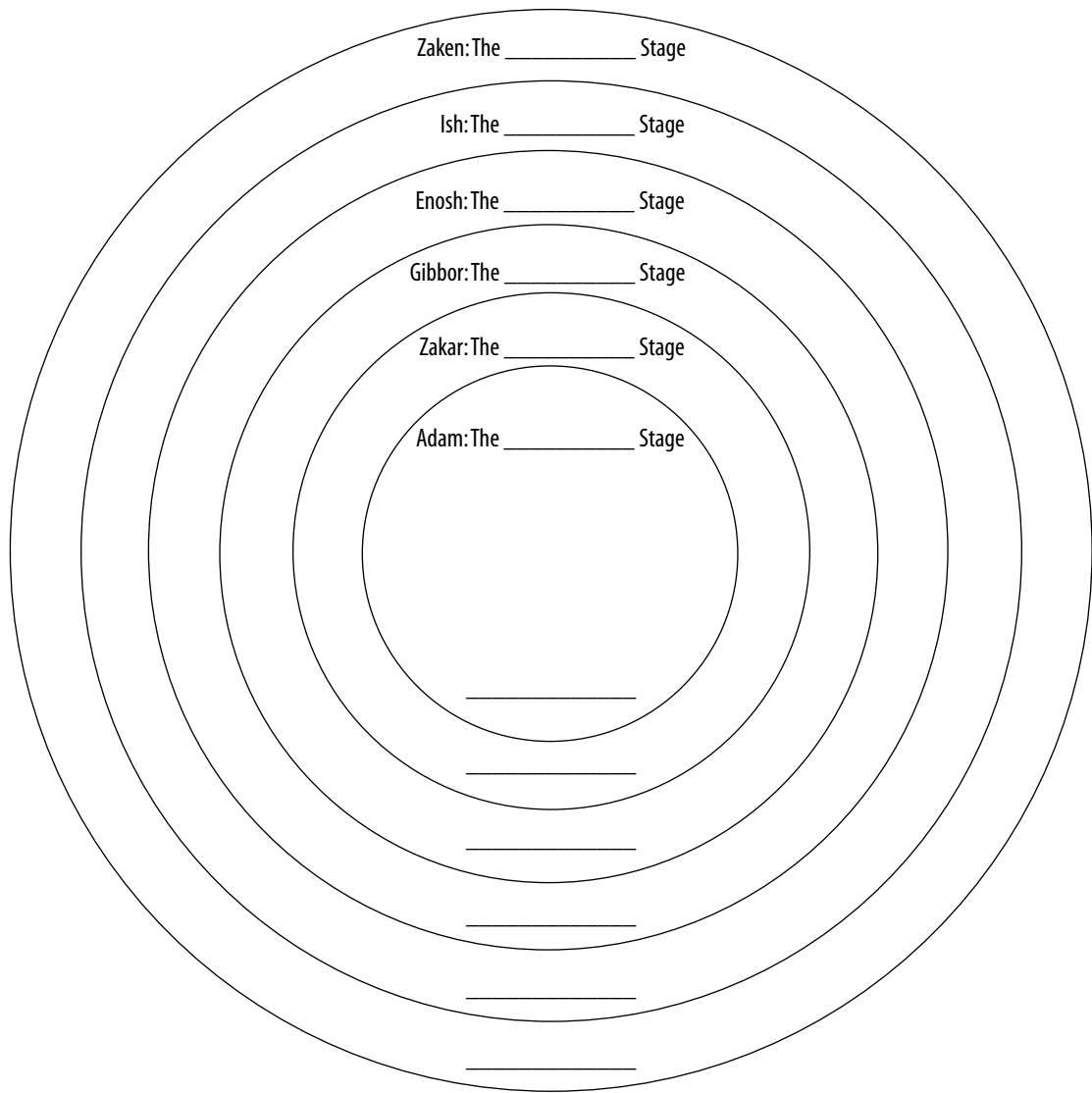
1. Spring
2. Summer
3. Fall
4. Winter



III. The Life Stages Map

A. Robert Hicks: *The Masculine Journey*, NavPress, 1993

B. An Overview



C. The Six Life Stages

1. The Creational Stage (0-20)
  - a. Gifts and talents
  - b. Acceptance and development, or confusion and missed opportunity
2. The Phallic Stage (13-25)
  - a. Sexual energy
  - b. Mastery or enslavement
3. The Warrior Stage (20-40)
  - a. The drive to establish oneself
  - b. Life in the fight
4. The Wounded Stage (40-50)
  - a. Powerful re-evaluations
  - b. Renewal or rut
5. The Mature Stage (50-60)
  - a. Deeper meaning
  - b. Strategic moves and mentoring
6. The Sage Stage (60+)
  - a. Standard bearers
  - b. Special contributions
  - c. Leaving a legacy

#### IV. YOUR MANHOOD PLAN MAP

##### Questions for Your Small Group

**1. Share Your Manhood Plans With One Another.**

What is the most significant part of your plan? Explain.

What is the most exciting part of your plan? Explain.

**2. Be sure to turn in your Manhood Plan today.**

**3. Be sure it has your name on it.**

**4. Visit [www.mensfraternity.com](http://www.mensfraternity.com) for future updates.**